

# Everyday SEL in Elementary School: Integrating Social-Emotional Learning and Mindfulness Into Your Classroom | 176 pages | Carla Tantillo Philibert | 9781317448747 | Routledge, 2016 | 2016

Start by marking "Everyday SEL in Elementary School: Integrating Social-Emotional Learning and Mindfulness Into Your Classroom" as Want to Read: Want to Read savingâ€¦ Want to Read. In this new book from educational consultant Carla Tantillo Philibert, youâ€™ll gain practical strategies for teaching social-emotional learning (SEL), mindfulness, and movement to help your elementary students maintain positive relationships, assume responsibility, become bodily aware, and grow into productive, contributing citizens. Everyday SEL in Middle School: Integrating Social-Emotional Learning and Mindfulness Into Yourâ€¦ by Carla Tantillo Philibert Paperback \$33.52. Only 4 left in stock - order soon. Sold by ayvax and ships from Amazon Fulfillment. FREE Shipping. Details. Based on tested strategies, Everyday SEL in Elementary School is the 21st-century GPS for addressing students' social-emotional needs, building classroom community, and creating engaged citizens. -Mario R. Rossero, Senior Vice President of Education, The John F. Kennedy Center for the Performing Arts. "This book provides thoughtful and detailed guidance for implementing a successful SEL program. Social emotional learning (SEL) by definition is a process for learning life skills, including how to deal with oneself, others and relationships, and work in an effective manner. Although there are many great SEL programs, SEL can also be incorporated into each lesson as a way of teaching for students to really understand how to action the skills in a variety of situations and form positive habits. All students start school with some level of social and emotional skills and all will develop their social and emotional skills at a different rate. Parents and teachers are both responsible for teaching students life skills and certainly much of what they learn will be by watching our actions. The five strategies below are will not only benefit students SEL but can also be beneficial to teacherâ€™s well-being, too. The SEL Solution. Integrate Social and Emotional Learning into Your Curriculum and Build a Caring Climate for All. by Jonathan C. Erwin, M.A. This book is another great contribution from his unique perspective, focusing on school climate and its constituent parts. All schools need to take these ideas very seriously." -Marvin W. Berkowitz, Ph.D., Sanford N. McDonnell Professor of Character Education. Emotional Intelligence in ELA and Social Studies: Integrating Social-Emotional Learning into the Curriculum in Ways that Satisfy State Standards A Free Webinar with Jonathan C. Erwin, M.A. Join Free Spiritâ€™s edWeb community, Social-Emotional Learning, Positive Behavior, and Student Achievement, to take a short quiz based on the webinar be Based on tested strategies, Everyday SEL in Elementary School is the 21st-century GPS for addressing students' social-emotional needs, building classroom community, and creating engaged citizens. -Mario R. Rossero, Senior Vice President of Education, The John F. Kennedy Center for the Performing Arts. "This book provides thoughtful and detailed guidance for implementing a successful SEL program. Without losing the integrity of the practices, this book offers yoga and mindfulness tools all educators will find highly accessible and easy to implement in their classrooms or the larger school environment." -Iona M. Smith, M.Ed., Kripalu Yoga in the Schools Manager, Kripalu Center for Yoga and Health.