

Cynthia Thomson, PhD, RD, FAND, Wins 2016 Mosen Award

THE 13TH ANNUAL ELAINE R. Mosen Award for Outstanding Research Literature has been awarded to Cynthia A. Thomson, PhD, RD, FAND. Thomson has appointments as professor in the Mel and Enid Zuckerman College of Public Health and the College of Agriculture and Life Sciences, and associate professor in Medicine at the University of Arizona, Tucson.

Thomson received her bachelor's degree in Family and Consumer Resources and Dietetics from West Virginia University in Morgantown, and her Masters and PhD in Nutritional Science from the University of Arizona, Tucson. She completed a post-doctoral fellowship in Cancer Prevention and Control at the Arizona Cancer Center, Tucson.

Thomson's research and publication efforts have primarily centered in the field of behavioral interventions for the modification of chronic disease risk, with an emphasis on diet, cancer, and obesity. Over the past 20 years, Thomson has led numerous diet and health behavior intervention trials, serving as Site Principal Investigator for the Women's Healthy Eating and Living Study, The Women's Intervention Nutrition Study, and the Dietary Modification trial of the Women's Health Initiative.

She currently leads the multi-site, National Research Group Lifestyle Intervention in ovarian cancer Enhanced Survival (LIVES) Study, the largest trial ever undertaken to evaluate the role of diet and physical activity in promoting progression-free survival among women previously treated for ovarian cancer. She is co-investigator of the National Institutes of Health—National Institute of Diabetes and Digestive and Kidney Diseases (NIH-NIDDK)—funded grant to examine social rhythms and sleep as mechanisms for weight gain after job loss, and is also principal investigator in a study to



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evaluate the role of diindolylmethane (vs placebo) in enhancing tamoxifen efficacy in breast cancer survivors. In addition, Thomson directs the University of Arizona Canyon Ranch Center for Prevention and Health Promotion as well as the Arizona Smokers Helpline, a tobacco cessation helpline that applies behavioral counseling strategies common to nutritional counseling.

Thomson has been a member of the Board of Editors of the *Journal of the Academy of Nutrition and Dietetics* since 2010, and has served as an ad hoc reviewer for the *Journal* along with more than 15 other journals since 1999. She has been active in numerous professional associations, most recently including chair for the Academy of Nutrition and Dietetics Committee for Lifelong Learning; faculty for the Academy Weight Management Certification; chair of The Obesity Society, Cancer-Obesity working group; member of the National Research Group Cancer Prevention and Control Committee; and chair of the national Women's Health Initiative Publications and Presentations Committee.

Thomson's most recent collaborative publication in the *Journal* was "Optimism and diet quality in the Women's Health Initiative" (*J Acad Nutr Diet*. 2014;114(7):1036-1045). Other recent

publications co-authored include "Body shape, adiposity index, and mortality in post-menopausal women: Findings from the Women's Health Initiative" (*Obesity*. 2016;24(5):1061-1069); "Mediation of weight loss and weight loss maintenance through dietary disinhibition and restraint" (*J Obes Weight Loss Ther*. 2015;5(2):1-13); "Index-based dietary patterns and colorectal cancer risk: A systematic review" (*Adv Nutr*. 2015;6(6):763-773); "Dietary polyamine intake and colorectal cancer risk in postmenopausal women" (*Am J Clin Nutr*. 2015;102(2):411-419); "Cancer incidence and mortality during the intervention and postintervention periods of the Women's Health Initiative dietary modification trial" (*Cancer Epidemiol Biomarkers Prev*. 2014;23(12):2924-2935); "Fruit and vegetable intake and breast cancer risk: A case for subtype-specific risk?" (*J Natl Cancer Inst*. 2013;105(3):164-165); "A systematic review of behavioral interventions to promote intakes of fruits and vegetables" (*J Am Diet Assoc*. 2011;111(10):1523-1535); "Practice paper of the Academy of Nutrition and Dietetics abstract: Nutrition and Women's Health" (*J Acad Nutr Diet*. 2013;113(11):1544); "Nutrient intake and anemia risk in the Women's Health Initiative Observational Study" (*J Am Diet Assoc*. 2011;111(4):532-541). In 2016, Thomson won the Most-cited Article Award from *Cancer Prevention Research* for her publication addressing the role of the American Cancer Society Guideline adherence and risk of cancer after menopause.

Other first-author publications include numerous book and textbook chapters including: "The Women's Health Initiative: Lessons for Preventive Nutrition" in *Preventive Nutrition: The Comprehensive Guide for Health Professionals*, 5th ed, 2015; "Mediterranean Diet and Breast Cancer" in *Mediterranean Diet: Dietary Guidelines and Impact on Health and Disease*, 2016; "Obesity and Cancer" in *Integrative*

<http://dx.doi.org/10.1016/j.jand.2016.07.007>

Weight Management: A Guide for Clinicians, 2014; “The Role of Diet, Physical Activity and Body Composition in Cancer Prevention” in *Fundamentals of Cancer Prevention*, 3rd ed, 2014; and “Dietary Behaviors – Promoting Healthy Eating” in *The Handbook of Health Behavior Change*, 4th ed, 2013.

Thomson has served on several research peer-review panels for the National Institutes of Health, including the Special Emphasis Panel for Diet and Physical Activity Assessment Methodology, the National Cancer Institute Translational Research in Energetics and Cancer panel, and currently as a standing member of the Kidney, Nutrition, Obesity and Diabetes (KNOD) study section. She has also reviewed grants for the United States Department of Agriculture - National

Institute for Food and Agriculture, including serving on the Bioactives and Health panel as well as the Functional Foods, Efficacy and Nutrients Panel.

Thomson has been the recipient of several professional awards for her contributions to the field of nutrition. Most recently they have included the Sydney E. Salmon, MD Distinguished Investigator Award (2016); Influential Health and Medical Leader, Tucson Local Media (2015); Fellow of The Obesity Society (FTOS) (2013-present); Huddleson Award in Scientific Writing, Academy of Nutrition and Dietetics (2012); Abbott Nutrition Award in Women’s Health (2011); and American Medical Writers Association Book Awards 1st Place, best of the best in nonfiction medical writing for “American Cancer Society Complete Guide to Nutrition” (2011).

The Monsen Award recognizes a body of research that encompasses a major component of the recipient’s professional efforts. The work benefits the profession and the world, and the research is published in a recognized, peer-reviewed, scientific journal of quality, including the *Journal of the Academy of Nutrition and Dietetics*. The award winner must be a member of the Academy of Nutrition and Dietetics.

This award honors Elaine Monsen, PhD, in appreciation of her exceptional contribution to research literature in nutrition and dietetics throughout her 20 years as editor-in-chief of the *Journal of the American Dietetic Association*. The *Journal* congratulates Cynthia Thomson on this recognition of her career-long achievements.

1.19k Followers, 23 Following, 139 pins - See what Cynthia Thomson (cynthiathomson740) found on Pinterest, the home of the world's best ideas. Cynthia Thomson's best boards. African fashion dresses. Cynthia Thomson 92 Pins. Happy mothers day. Cynthia Thomson 7 Pins. Kids outfits. Cynthia Thomson 16 Pins. Cynthia Thompson, Actress: Camping del terrore. Cynthia Ann Thompson was a lovely, spunky and appealing blonde actress with long curly hair, a cute face, a shapely figure, and a wonderfully vivacious personality who alas only acted in a handful of enjoyable low-budget Grade B pictures in the 80s. She was born on June 24, 1959 in Santa Maria, California. Her parents were Roy L. Thompson and Pat ... Cynthia Ann Thompson was a lovely, spunky and appealing blonde actress with long curly hair, a cute face, a shapely figure, and a wonderfully vivacious personality who alas only acted in a handful of enjoyable low-budget Grade B pictures in the 80s. She was born on June 24, 1959 in Santa Maria, California. Her parents were Roy L. Thompson and Pat See full bio ». Born BALTIMORE, April 18, 2016 /PRNewswire/ -- Transamerica Intermediate Muni fund has won a 2016 Lipper Fund Award for its class I shares (TIMUX) in Lipper's Three Years Intermediate Municipal Debt Funds category. The Lipper Fund Awards recognize funds that have excelled in providing consistently strong risk-adjusted performance relative to their peers. Transamerica Intermediate Muni fund seeks to maximize total return through a combination of current income that is exempt from federal income taxes and capital appreciation. The annual Lipper Fund Awards are part of the Thomson Reuters Awards for Excellence, a global family of awards that celebrates exceptional performance throughout the professional investment community.